



7/16/2025

State of Nebraska

Department of Transportation

Request for Proposal for Services Contract

From: Sheila Richmeier, President

REMEDY HEALTHCARE CONSULTING LLC
5908 NW 103RD ST, KANSAS CITY MO 64154
TAX ID 45-1101657

Sheila@RemedyHC.com

913.634.0466

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Cover Letter

July 8, 2025

Re: State of Nebraska Department of Transportation RFP for Services Contract

Remedy HealthCare Consulting is pleased to respond to this Request for Proposal. You will see our firm is qualified and can provide a wealth of experience related to this project. **Remedy is a DOT certified DBE in the state of Missouri** and could do Interstate Certification with Nebraska if needed.

In our work with health care and public health organizations, we realized a need for effective project management including personnel and software to help us manage projects and budgets. In addition, we have become experts in working with vendors to streamline data collection with education for continued follow-up and reporting of outcomes. We'd like to share that experience with your organization.

We have put together a strong proposal with several distinctive features:

- 1) our strong background in providing project management,
- 2) our history of excelling in quality improvement projects, including researching evidence-based decision making,
- 3) ability to build a collaborative relationship with external local organizations with several projects,
- 4) our use of Smartsheet for project management.

We look forward to working with you soon.

Sincerely,



Sheila Richmeier, President

Remedy HealthCare Consulting LLC

CORPORATE OVERVIEW

a. BIDDER IDENTIFICATION AND INFORMATION

- **Company Name:** Remedy HealthCare Consulting, LLC
- **Headquarters Address:** 5908 NW 103rd Street, Kansas City, MO 64154
- **Entity Organization:** LLC
- **State of Incorporation:** Missouri
- **Year First Organized to Do Business:** 2010
- **Changes in Name or Form of Organization Since Inception:** None

Company History and Background

Remedy, a nationally certified Woman Owned Small Business (WOSB), was founded in October 2010 by **Sheila Richmeier**. Our focus has been on healthcare quality improvement for the last 15 years in public health and health care organizations. Specializing in project management, operational assessments, and data collection, Remedy serves clients across various states, helping them streamline operations and achieve strategic goals. Often part of that work includes use of Smartsheet for project management, data collection and progress reporting. We usually start a project with research on best practices and industry resources. Our team has become proficient at designing and effectively operationalizing Smartsheet for everyday tasks to make our clients more efficient. We frequently collaborate across communities and states to ensure effective and culturally appropriate service delivery.

in many of our projects, we have secured second and third opportunities to assist organizations, which is a testament to our work. Our attention to detail allows for success on numerous levels. In looking at the Scope of Work, Remedy has these past experiences to meet the requirements of this contract.

b. FINANCIAL STATEMENTS

Here is the information Remedy HealthCare Consulting can provide:

1. **Financial Statements:** Remedy HealthCare Consulting is a privately held company. As such, we provide a comprehensive description of our organization to assist with your evaluation. We specialize in healthcare consulting, offering expert management and operational services, particularly in data management, project management, and public health consulting, among other areas. Our client base includes public health departments and healthcare organizations across multiple states, such as Delaware, Missouri, and Utah. Remedy HealthCare Consulting has been operating since 2010, consistently expanding our services and expertise. We have a strong reputation for stability and financial strength, evidenced by repeat contracts and ongoing collaborations with state health departments.
2. **Banking Reference:** As a non-publicly held firm, we offer the following banking reference:
 - Bank Name: US Bank
 - Bank Address: 6161 NW Barry Rd, Kansas City MO 64154
 - Phone Number: 816.746.2963

3. **Judgments and Litigation:** Remedy HealthCare Consulting discloses that there are no known judgments, pending or expected litigation, or other financial reversals that might affect the viability or stability of our organization.

c. CHANGE OF OWNERSHIP

Remedy does not anticipate any change in ownership or control of the company within the twelve (12) months following the solicitation response due date. Should any changes occur after being awarded, we are committed to promptly notifying the State as required.

d. OFFICE LOCATION

The bidder's office location, responsible for performance pursuant to an award of a contract with the State of Nebraska is:

Remedy HealthCare Consulting, LLC

5908 NW 103rd St

Kansas City, MO 64154

e. RELATIONSHIPS WITH THE STATE

In the past five years, Remedy HealthCare Consulting has engaged in multiple contracts with state entities. We recently aided the Department of Rural Health

Nebraska Office of Rural Health, November 2018 – Jan 2021, and again in June 2024 to update the maternal medical home toolkit.

- Created maternal medical home toolkit, assisted with grant application for more funding for rural health clinics
- Assisted health systems in becoming maternal medical homes.
- revision of the Maternal medical home toolkit - Summer 2024.

f. BIDDER'S EMPLOYEE RELATIONS TO STATE

No such relationship exists or have existed between any Party named in the bidder's solicitation response and an employee of the State within the past twelve (12) months. Additionally, no employee of any agency of the State of Nebraska is employed by the bidder or is a subcontractor to the bidder as of the due date for the solicitation response submission.

g. CONTRACT PERFORMANCE

Remedy has not experienced any contract terminations for default within the past five years. If there were any terminations for other reasons such as for convenience, non-performance, or non-allocation of funds, the circumstances surrounding such terminations would be described with full details including the name, address, and contact information of the other contracting party. However, based on the current information available, there are no such instances to report.

h. SUMMARY OF BIDDER'S CORPORATE EXPERIENCE

Here is a summary matrix of Remedy's previous projects like this proposal:

Project 1: Delaware Self-Management Program, Delaware Chronic Disease, DHHS

- Time Period: November 2019 - Present
- Scheduled and Actual Completion Dates: Ongoing with project renewals
- Bidder's Responsibilities: Remedy was contracted to provide an assessment and evaluation of the self-management program using the CDC evaluation framework. Remedy moved the program from a paper to an electronic format for registration, reporting, workshop attendance, and outcome tracking. A toolkit for leaders was created, and all policies and procedures for use in the project were documented.
- **Similarity:** Research in CDC evaluation framework, Self-management Resource Center resources to fully understand program requirements, Toolkit for volunteer elderly leaders assisting them to understand the change to electronic instead of paper registration and reporting, Collection of form for information for payment of leaders through Finance department – program staff approved the reimbursement, and it was automatically sent to finance. Tracking provided by Remedy.
- Customer Reference: Delaware Department of Health and Social Services, Division of Public Health; Project Contact: Shebra Hall, Chronic Disease Bureau Chief, Phone: (302) 744-1221
- Role: Prime Vendor
- Originally Scheduled Completion Date and Budget: Project is ongoing with budget allocations confirmed in renewals.

Project 2: Delaware Department of Health - Cancer Data Enhancement Project

- Time Period: July 2021 - Present
- Scheduled and Actual Completion Dates: Ongoing with contract renewals
- Bidder's Responsibilities: Facilitated the implementation of the Delaware Data Enhancement Project, including evaluation, data collection, and creation of a project improvement plan. Managed project involving multiple stakeholders to shift data to Smartsheet for analysis and improve workflows in screening databases.
- **Similarity:** Research for a clear understanding of requirements of federal grant CDC for Breast and cervical cancer screening, Update on billing procedures and requirements for upload of data into

the CDC data base, creation of invoice system for external vendors to prove their work to State and get paid, Project management processes throughout project.

- Customer Reference: Delaware Department of Health and Social Services, Division of Public Health; Project Contact: Helen Arthur, Section Chief Health Promotion and Disease Prevention, Phone: (302) 744-1000
- Role: Prime Vendor
- Originally Scheduled Completion Date and Budget: Project is ongoing with budget allocations confirmed in renewals.

Project 3: Mental Health Crisis Workers Training Surveys in Minnesota

- Time Period: Ongoing, with evaluations occurring annually
- Scheduled and Actual Completion Dates: Ongoing
- Bidder's Responsibilities: Facilitated ongoing training evaluations for crisis workers and provided detailed reports on satisfaction, content, and collaborative aspects of the training. Utilized survey results to drive future education offerings.
- **Similarity: Selecting, paying, and tracking contractors – venue, food, speaking – with state oversight and reporting, Research into Crisis Management services and development of a toolkit to transfer knowledge for crisis managers.**
- Customer Reference: Available upon request.
- Role: Prime Vendor
- Originally Scheduled Completion Date and Budget: Annually updated and adjusted based on continuous project assessments.

These descriptions highlight Remedy's capabilities in managing complex projects, implementing technological solutions, and improving operational efficiencies across public health initiatives. Additional references and detailed outcomes can be provided upon request.

i. SUMMARY OF BIDDER'S PROPOSED PERSONNEL/MANAGEMENT APPROACH

Project Management Approach:

Remedy's approach to project management emphasizes strategic planning, communication, and the use of advanced tools to ensure efficiency and accountability. Our primary goal is to deliver all project components on time and within budget, using our proprietary methods and software tools such as Smartsheet for planning and tracking.

1. Kickoff Meeting:

We will initiate the project with a kickoff meeting to align both our team's and the State's objectives. This meeting will provide an opportunity to clarify roles, responsibilities, and preliminary timelines. The project plan will be refined and approved during this kickoff.

2. Communication and Reporting:

Regular communication will be scheduled, with weekly status updates shared via Smartsheet. Our project management software will facilitate real-time data sharing, ensuring all stakeholders have up-to-date information. These updates will be delivered through virtual meetings or email, with a shared Smartsheet platform for constant access.

3. Implementation and Monitoring:

Our team will use Smartsheet to manage timelines, tasks, and budgets, ensuring that each phase of the project is completed efficiently. We will establish a project management dashboard to provide a visual representation of progress towards goals, utilizing Smartsheet's capabilities for transparency and accountability.

Identification of Professionals:

The project will be managed by a team of experienced professionals, each bringing a unique skill set to ensure the success of the contract.

1. Brian Richmeier, B.S.:

- Title: Project Manager
- Primary Work: Brian will act as the project's main contact and lead. With his rich experience in project management, particularly in Federal Health IT, he will focus on ensuring seamless deployment of project tasks, using Smartsheet for data management and reporting.

2. Kezie Utsler, B.S.:

- Title: Data Collection and Management Specialist
- Primary Work: Kezie will be responsible for data collection, management, and reporting. Her proficiency with Smartsheet will support the project's data-driven decisions and operational efficiency.

3. Sheila Richmeier, MS, RN, BC, FACMPE, CPHQ:

- Title: Research Consultant
- Primary Work: Sheila will provide research oversight and leadership, utilizing her extensive background in quality improvement and healthcare research. Her responsibilities will include overseeing research and ensuring alignment with strategic goals.

Resumes and Professional Credentials:

Remedy will supply detailed resumes for each proposed team member, verifying their academic backgrounds, professional credentials, and references. Resumes will highlight their skills, certifications, and prior experience relevant to the project requirements.

Change Management and Support Functions:

Any proposed changes to the personnel will strictly follow the stipulated requirements, with prior approval from the State. Our team will regularly revisit and adapt the approach, ensuring continuous improvement and project success.

Conclusion:

Remedy brings a robust, detail-oriented project management approach to this contract, underpinned by a skilled team and the use of sophisticated tools. We are committed to excellence and transparency, aligning with the State's strategic objectives and ensuring quality deliverables.

j. SUBCONTRACTORS

For this RFP, Remedy does not intend to subcontract the work. Below are the details as requested:

TECHNICAL RESPONSE

The Technical Response section of the solicitation response should consist of the following subsections:

a. Understanding of the project requirements

Remedy HealthCare Consulting has a comprehensive understanding of the project requirements outlined in the "REQUEST FOR PROPOSAL FOR SERVICES CONTRACT" with RFP Bid ID R420-25. As an experienced firm with extensive background in managing health and public health projects, Remedy is well-equipped to address the multifaceted needs of this initiative.

Our approach begins with establishing a clear and organized project management framework. Utilizing Smartsheet, a cloud-based project management software, we ensure that all phases of the project—from initiation to completion—are meticulously documented and managed. Smartsheet facilitates seamless communication, real-time progress tracking, and secure handling of data, making it an integral tool in our project management toolkit.

Key personnel, each bringing a wealth of expertise in their respective fields, will guide this project. Sheila Richmeier, with her extensive background in health care quality improvement, administrative oversight, and policy formulation, will ensure that all processes align with industry standards and regulatory requirements. Brian Richmeier, as the experienced Project Manager, will leverage his expertise in technology and project execution to maintain project timelines and manage resources efficiently. Kezie Utsler will provide crucial support in data management, ensuring that data is captured, analyzed, and reported accurately and effectively.

b. Proposed development approach

Remedy will implement a meticulous development approach leveraging our extensive expertise and proven methodologies. Here is a narrative description of our proposed development approach:

1. **Research summaries** – review up to four research summaries, create outline of summary information noting any graphics that easily describe research. From outline, write a summary with use of AI to summarize key points. Develop graphics as needed.
2. **News Polls** – review articles and publishable items on a as needed basis for up to 10 news polls. With collaboration with Research team, write brief news poll and add graphics as needed.
3. **Program Fact Sheet** – Create a Smartsheet to record all projects from the NDOT State Planning & Research Program. Upon direction of NDOT, Remedy will complete a summary of this Smartsheet of all projects, use of Research funds, items of interest and general program health.
4. **Reimbursement Facilitation** – Create a Smartsheet to track all reimbursement and funds dispersed. Remedy will set up forms to submit travel expenses for reimbursement. Remedy will reimburse state representative and then invoice NDOT.

All Smartsheet activities will be shared with your team so that you can see what is happening at any given time. We will also have a project management dashboard to track budget and activities.

c. Technical Requirements

To address the technical requirements specified in the solicitation, Remedy leverages a comprehensive approach that emphasizes evidence-based practices, robust data management, and strategic implementation frameworks. Below outlines how Remedy will meet the technical specifications:

1. Data Management and Reporting:

Utilizing Smartsheet, Remedy offers a secure and efficient method for data collection, real-time updates, and analysis. Our system supports API integrations for seamless data transfer between platforms and can store and retrieve unlimited files securely. Data can be exported in multiple formats for further analysis and report generation.

2. Project Management and Oversight:

Remedy excels in project management by utilizing Smartsheet to provide project overview dashboards, manage resources, allocate budgets, and monitor progress against timelines and milestones. Facilitating multiple project components simultaneously, Remedy ensures all aspects are managed efficiently.

d. Detailed project work plan

Project Timeline and Milestones:

1. Project Initiation (Month 1):

- **Kickoff Meeting:** Convene a virtual or in-person meeting with the Planning Team to introduce project stakeholders, outline objectives, and review the project timeline.
- **Stakeholder Engagement:** Conduct interviews and workshops to gather inputs from key stakeholders.
- **Finalize Work Plan:** Review and finalize the work plan, incorporating any feedback received.

2. Development Phase (Month 1):

- **Development of Implementation Plan:** Develop a detailed implementation plan, including change management strategies, based on analysis findings.
- **Implementation Collaboration:** Present implementation strategies to stakeholders for feedback and approval.

3. Implementation Phase (Month 2- onward):

- **Implement plan:** Using Implementation plan, start work.
- **Monitoring and Evaluation:** Review on a regular basis with Research team and NDOT.
- **Make Changes:** if needed, make any changes and continue implementation.
- **Project Closure, if needed:** Conduct a project closure meeting to discuss outcomes, lessons learned, and long-term sustainability.

Tasks and Resources Required:

- **Project Management Software:** Use of Smartsheet for project scheduling, milestone tracking, and resource allocation. Smartsheet provides mobile accessibility and enables data management, facilitating easier stakeholder updates and project tracking.
- **Communication Tools:** Platforms such as Zoom and email for regular updates, coordination, and reporting.
- **Training Materials:** Development and distribution of materials as noted above.
- **Evaluative Tools:** Tools for collecting evaluation data, e.g., surveys, discussions, or interviews to monitor progress and impact.

This comprehensive work plan outlines the major phases and tasks required to efficiently deliver the project while ensuring alignment with stakeholder expectations and project goals. The use of Smartsheet will ensure adequate tracking of budget, resources, and timelines, promoting transparency and accountability throughout the project's life cycle.

e. Deliverables and due dates

1. Project Kickoff Meeting – Month 1
2. Implementation Plan – Month 1
3. Development and Adaptation of Data Collection Tools – Month 1-2
4. Creation of (throughout year)
 - Up to 4 research summaries
 - Up to 10 news polls
 - One program fact sheet
 - Administrative services and for pooled fund travel reimbursement.

These deliverables are designed to keep the project in line with Remedy's commitment to maintaining timely and effective communication, ensuring project milestones are achieved, and facilitating the successful completion of the contract work plan.

Missouri Regional Certification Committee	
	<div>* Bi-State Development</div> <div>* City of St. Louis-Lambert Airport Authority</div> <div>* City of Kansas City</div> <div>* Kansas City Area Transportation Authority</div> <div><ul style="list-style-type: none">• Missouri Department of Transportation• East-West Gateway Council of Governments• Mid-America Regional Council</div>
<p><i>In accordance with the requirements for certification as a Disadvantaged Business Enterprise (DBE) as defined by the U.S. Department of Transportation's 49 CFR Part 26 as amended, the Missouri Regional Disadvantaged Business Enterprise Unified Certification Program presents this DBE Certificate to:</i></p> <p>Remedy Healthcare Consulting LLC</p> <div><div><u>Missouri Department of Transportation</u> (MRCC Certifying Agency)</div><div>Original Date of Certification: <u>December 31, 2024</u></div></div> <p><i>This firm shall remain certified until and unless it voluntarily withdraws from the DBE Program or is formally decertified by the certifying agency and/or the Missouri Regional Certification Committee.</i></p> <p>Certification Codes:</p> <p><u>NAICS</u></p> <div>541614 Process, Physical Distribution, and Logistics Consulting Services; Productivity Improvement Consulting Services 541611 Administrative Management and General Management Consulting Services; Administrative Management Consulting Services 541612 Human Resources Consulting Services; Organization Development Consulting Services</div>	

Addendum

Forms

II. TERMS AND CONDITIONS

Bidder should read the Terms and Conditions within this section and must initial either "Accept All Terms and Conditions Within Section as Written" or "Exceptions Taken to Terms and Conditions Within Section as Written" in the table below. If exception is not taken to a provision, it is deemed accepted as stated. If the bidder takes any exceptions, they must provide the following within the "Exceptions" field of the table below (Bidder may provide responses in separate attachment if multiple exceptions are taken):

1. The specific clause, including section reference, to which an exception has been taken;
2. An explanation of why the bidder took exception to the clause; and
3. Provide alternative language to the specific clause within the solicitation response.

By signing the solicitation, bidder agrees to be legally bound by all the accepted terms and conditions, and any proposed alternative terms and conditions submitted with the solicitation response. The State reserves the right to negotiate rejected or proposed alternative language. If the State and bidder fail to agree on the final Terms and Conditions, the State reserves the right to reject the solicitation response. The State reserves the right to reject solicitation responses that attempt to substitute the bidder's commercial contracts and/or documents for this solicitation.

Accept All Terms and Conditions Within Section as Written (Initial)	Exceptions Taken to Terms and Conditions Within Section as Written (Initial)	Exceptions: (Bidder must note the specific clause, including section reference, to which an exception has been taken, an explanation of why the bidder took exception to the clause, and provide alternative language to the specific clause within the solicitation response.)
SR		

III. VENDOR DUTIES

Bidder should read the Vendor Duties within this section and must initial either "Accept All Terms and Conditions Within Section as Written" or "Exceptions Taken to Vendor Duties Within Section as Written" in the table below. If exception is not taken to a provision, it is deemed accepted as stated. If the bidder takes any exceptions, they must provide the following within the "Exceptions" field of the table below (Bidder may provide responses in separate attachment if multiple exceptions are taken):

1. The specific clause, including section reference, to which an exception has been taken;
2. An explanation of why the bidder took exception to the clause; and
3. Provide alternative language to the specific clause within the solicitation response.

By signing the solicitation, bidder agrees to be legally bound by all the accepted terms and conditions, and any proposed alternative terms and conditions submitted with the solicitation response. The State reserves the right to negotiate rejected or proposed alternative language. If the State and bidder fail to agree on the final Terms and Conditions, the State reserves the right to reject the solicitation response. The State reserves the right to reject solicitation responses that attempt to substitute the bidder's commercial contracts and/or documents for this solicitation.

Accept All Vendor Duties Within Section as Written (Initial)	Exceptions Taken to Vendor Duties Within Section as Written (Initial)	Exceptions: (Bidder must note the specific clause, including section reference, to which an exception has been taken, an explanation of why the bidder took exception to the clause, and provide alternative language to the specific clause within the solicitation response.)
SR		

IV. PAYMENT

Bidder should read the Payment clauses within this section and must initial either "Accept All Terms and Conditions Within Section as Written" or "Exceptions Taken to Payment clauses Within Section as Written" in the table below. If exception is not taken to a provision, it is deemed accepted as stated. If the bidder takes any exceptions, they must provide the following within the "Exceptions" field of the table below (Bidder may provide responses in separate attachment if multiple exceptions are taken):

1. The specific clause, including section reference, to which an exception has been taken;
2. An explanation of why the bidder took exception to the clause; and
3. Provide alternative language to the specific clause within the solicitation response.

By signing the solicitation, bidder agrees to be legally bound by all the accepted terms and conditions, and any proposed alternative terms and conditions submitted with the solicitation response. The State reserves the right to negotiate rejected or proposed alternative language. If the State and bidder fail to agree on the final Terms and Conditions, the State reserves the right to reject the solicitation response. The State reserves the right to reject solicitation responses that attempt to substitute the bidder's commercial contracts and/or documents for this solicitation.

Accept All Payment Clauses Within Section as Written (Initial)	Exceptions Taken to Payment Clauses Within Section as Written (Initial)	Exceptions: (Bidder must note the specific clause, including section reference, to which an exception has been taken, an explanation of why the bidder took exception to the clause, and provide alternative language to the specific clause within the solicitation response.)
SR		

Individual or Sole Proprietor United States Citizenship Attestation Form

For the purpose of complying with Neb. Rev. Stat. §4-108 through 4-114, I attest as follows:

☒ I am a citizen of the United States.

-OR-

☐ I am a qualified alien under the federal Immigration and Nationality Act. My immigration status and alien number are as follows:

I agree to provide a copy of my USCIS documentation upon request.

I hereby attest that my response and the information provided on this form and any related application for public benefits are true, complete, and accurate, and I understand that this information may be used to verify my lawful presence in the United States.

PRINT NAME Sheila Mae Richmeier

(first, middle, last)

SIGNATURE

Sheila Richmeier

DATE

7.8.2025

CONTRACTUAL AGREEMENT FORM

BIDDER MUST COMPLETE THE FOLLOWING

By signing this Contractual Agreement Form, the bidder guarantees compliance with the provisions stated in this solicitation and agrees to the terms and conditions unless otherwise indicated in writing and certifies that bidder is not owned by the Chinese Communist Party.

Per Nebraska's Transparency in Government Procurement Act, Neb. Rev Stat § 73-603, DAS is required to collect statistical information regarding the number of contracts awarded to Nebraska Vendors. This information is for statistical purposes only and will not be considered for contract award purposes.

____ NEBRASKA VENDOR AFFIDAVIT: Bidder hereby attests that bidder is a Nebraska Vendor. "Nebraska Vendor" shall mean any bidder who has maintained a bona fide place of business and at least one employee within this state for at least the six (6) months immediately preceding the posting date of this Solicitation. All vendors who are not a Nebraska Vendor are considered Foreign Vendors under Neb. Rev Stat § 73-603 (c).

____ I hereby certify that I am a Resident disabled veteran or business located in a designated enterprise zone in accordance with Neb. Rev. Stat. § 73-107 and wish to have preference, if applicable, considered in the award of this contract.

____ I hereby certify that I am a blind person licensed by the Commission for the Blind & Visually Impaired in accordance with Neb. Rev. Stat. § 71-8611 and wish to have preference considered in the award of this contract.

THIS FORM MUST BE SIGNED MANUALLY IN INK OR BY DOCUSIGN

COMPANY:	Remedy HealthCare Consulting LLC
ADDRESS:	5908 NW 103rd St, Kansas City MO 64154
PHONE:	913.634.0466
EMAIL:	Sheila@Remedyhc.com
BIDDER NAME & TITLE:	Sheila Richmeier, President
SIGNATURE:	<i>Sheila Richmeier</i>
DATE:	7.8.25

VENDOR COMMUNICATION WITH THE STATE CONTACT INFORMATION (IF DIFFERENT FROM ABOVE)

NAME:	
TITLE:	
PHONE:	
EMAIL:	

Letters of recommendation



DEPARTMENT OF VETERANS AFFAIRS
Veterans Health Administration
810 Vermont Avenue, NW
Washington, DC 20420

April 24, 2024

Re: Brian Richmeier, Oracle Health Client Executive. Letter of Recommendation

I am writing to highly recommend Brian Richmeier for his outstanding performance in launching the \$10 billion EHR modernization effort for the Department of Veterans Affairs (VA). Brian was instrumental in leading the deployment of a modern electronic medical record system for the entire VA, serving over 9 million Veterans and 1800 points of service.

Throughout the project, Brian displayed exceptional skills in program management, budgeting, government deliverables, and client relationships with the VA. His attention to detail, strategic planning, and ability to navigate complex government processes were key factors in the success of the project.

Not only did Brian excel in his role as a project leader, but he also demonstrated a strong ability to communicate effectively with VA clients at Central Office headquarters in Washington DC and in the field at various locations throughout the country. His hands-on approach to client interaction and commitment to ensuring the success of the EHR modernization effort were truly commendable.

I have no doubt that Brian's expertise, dedication, and drive to deliver results will continue to make a significant impact in any project or organization he is a part of. It is with great pleasure that I provide this letter of reference, and I am confident that Brian will continue to achieve great success in his future endeavors.

Please do not hesitate to contact me if you require any further information or clarification regarding Brian's outstanding performance.

Sincerely,

RODNEY LASTER

Digitally signed by RODNEY
LASTER
Date: 2024.04.24 11:55:22 -0400

Rodney J. Laster, MHA, FACHE, CPHIMS
Senior Advisor, VHA Electronic Health Record Modernization
VHA Office of Health Informatics
Department of Veterans Affairs
811 Vermont, Third Floor, Room 341
Washington DC 20571
202-603-8014

ATTACHMENT A: REFERENCE FORM

Responder/Company Name: [Delaware Department of Health and Social Services](#)

Contact Name: Shebra K. Hall, MPA, Chief, Bureau of Chronic Disease, Division of Public Health

Address: 540 S DuPont Highway, Dover, DE 19901

Email: shebra.hall@delaware.gov

Phone Number: 302-744-1020

1. Description of project(s):

Remedy was initially awarded a contract to do an assessment on the Delaware Self-Management Program and provided an assessment with CDC self-evaluation framework. After the assessment, the report established that efficiencies were needed to move from paper to electronic format. Remedy transitioned SMP to move from paper to electronic format for registration, reporting, workshop attendance, and outcome tracking. They created a toolkit for leaders and wrote all policies and procedures for use in the project. They now monitor and maintain data. They are integral to our data collection, use of electronic methods transformation, and procedure writing.

Remedy's actions have had an impact on the community of leaders and of those participants with chronic disease, diabetes, cancer, and pain.

2. Dates of Engagement: November 2019 to present

3. Were the project(s) completed on budget? If not, please explain.

The initial assessment was completed on budget and led to further contracts. SMP has had personnel changes which provided Remedy the opportunity to support additional tasks that were not originally considered. They have been great at tracking any scope exceptions to allow us to make decisions on if we want to add to the contract or not.

4. Were the project(s) complete on time? If not, please explain.

Yes, all tasks have been completed on time.

5. What went well with the project(s)?

Remedy is an expert at surveying, operational analysis and operational efficiencies. They have helped us to operate more efficiently than we previously did and allow us to function well despite some key resource turnover. We have data at our fingertips in dashboard and report format with Smartsheet enabled. Remedy has always stepped up to help us as needed.

6. What could have gone better with the project(s)?

We continuously look for ways to be self-sufficient and to not rely on 3rd party vendors for operational work. This is not a fault of Remedy as they have been good stewards of trying to be very watchful of any hours they use and allow us to make decisions on if we want to increase scope and the impact of doing so.



July 21, 2023

To Whom it May Concern:

I am pleased to write a letter of recommendation for Remedy HealthCare Consulting. Remedy was granted a request for proposal (RFP) for the Minnesota Department of Human Services – Mobile Crisis policy team dating back to 2018 for a five-year contract. The services rendered were on target and their contract was extended one addition year.

Remedy has been an asset to our Mobile Crisis teams and communities across the state of Minnesota. They worked in collaboration with multiple stakeholders, coordinated & organized Statewide Mobile Crisis Provider meetings, along with training events throughout the years. Internal, collaborative, meetings were held to ensure alignment. I would also like to recognize the team members who have expertise in various areas and all work well together.

Remedy has satisfied all deliverables that were described in their workplan, as well as following the budget set forth. They have coordinated the training logistics, for the Mobile Crisis teams, of 40+ meetings/trainings, secured venues, videographers, from refreshments to meals, coordinated the registration and any needed troubleshooting when technical issues arose in virtual trainings.

Julie Pearson

Julie Pearson, MSW, LISW
Manager | CCBHC & Special Projects Unit
Behavioral Health Division
Behavioral Health, Housing, and Deaf & Hard of Hearing Services Administration
Minnesota Department of Human Services

Resumes

Sheila M. Richmeier, MS, RN, BC, FACMPE, CPHQ

Mobile 913-634-0466
Sheila@RemedyHC.com

Education and licensure:

▪ Master of Science in Nursing Administration from University of Kansas School of Nursing, graduated December 2002.

▪ B.S.N. from Fort Hays State University, graduated Magna Cum Laude. Member of Phi Kappa Phi and Nursing Honor Society, graduated December 1989.

▪ Licensure as a registered nurse by the Kansas and Missouri.

Professional experience:

▪ Founder and PresidentFeb 2011 - present

Remedy Healthcare Consulting

National consulting company working with medical practices including.
Clinical transformation and efficiencies, practice management, different care models including patient centered medical home, practice re-design, metrics maximization.
eLearning content for medical office staff developed from 2013-present.

▪ Director of Clinical TransformationMarch 2010 – Feb 2011

TransforMED

Business development, project planning and scope, and resource allocation of new projects. Responsible for design and training of new facilitators and project managers. Oversight of project deliverables. Direct facilitation of practices.

▪ Practice Enhancement FacilitatorDec. 2008 to March 2010

TransforMED

National consulting position assisting primary care practices on
Transforming to a patient centered medical home. www.transforMED.com

▪ Practice AdministratorOct. 2005 to Nov 2008

The Surgical Group of Kansas City

5 general surgeons

Management of all operations, human resource, financial, business office, clinical. Provided extensive improvement in all aspects of practice including physician involvement in practice operations, collections, billing, reporting, and procedure development.

▪ Dual role, Practice Administrator, ConsultantApril 2001 – Dec. 2004

Director of Education and ConsultingNov. 2003 – Dec. 2004

Medical Service Corporation, division of Kimco,
Wichita, Kansas City, Topeka offices

1. Education for physician offices, physicians, residents. Frequent educational programs given across states. Responsible for coordination and presentations. Presentations included practice management, billing, leadership, clinical and business operations.

2. Consulting for physician offices, including rural health clinics – clinical and operational focus for medical practices throughout Kansas. Provided extensive support for management including teaching and development of leadership abilities.

3. Practice administrator - 4 physicians and 6 physician rural health family practice. Provided practice management at two different sites. Extensive restructuring and improvement at both sites. Worked extensively on developing mid-level management, billing, administrative & clinical.

Professional accomplishments:

▪ Fellow Medical Practice Executive from the American College of Medical Practice Executives, Medical Group Management Association.

▪ Board Certified by American Nurses Credentialing Center in Community Health.

- Book published August 2009, MGMA, *Leading the Clinical Team: A Comprehensive Guide to Optimizing Productivity and Quality*.
- Book published March 2010, MGMA, *The New Healthcare Supervisor's Guide: The Secrets to Success*.
- Authored *Fast Facts: Medical Office Nursing* published with Springer Publishing, June 2010.
- Co-author on a series of transformation workbooks – Access, Care Management, Care Coordination, published by TransforMED and MGMA in 2009-2010
- Author of various sections of the American Academy of Family Physicians Residency to Reality Project, 2009-2010.
- Authored Chapter 4 Management of Nursing Services, in *Physician Practice Management – Essential Operational and Financial Knowledge*, published by Jones & Bartlett Learning, May 2012.
- Certified Professional in Healthcare Quality by the National Association of Healthcare Quality, September 2022.

Brian Richmeier

Mobile 816-500-0794 Brian@RemdyHC.com

Professional Summary

Experienced Executive in the information technology and services industry who builds strong and lasting relationships with clients, associates, and direct reports is seeking a new challenge.

- Leader at one of Kansas City's largest employers and the leading HealthCare IT company in the world.
- Increasing responsibilities and management advancement over last 19 years
- Skilled in Solution Delivery, Cerner technology, Project Management, IT Consulting, and Physician/hospital leadership & functioning.
- Cerner Executive for 8 years on small clients and large, strategic thinker and problem solver, with strong people and project management skills who finds ways to innovate and get things done.

Work History

Independent consultant– August to present

Consultant, Healthcare operations and event management

- Assists in operational planning and development
- Provides leadership in data collection and analysis
- Manages multiple projects timely and effectively
- Oversees event management through planning and operations

Cerner Corporation - June 2003 to present

Director, Engagement Executive, August 2017-Present

Cerner Corporation, United States Veteran's Affairs Program

National Program - implement Cerner EHR across country to all VA sites nationwide (over 1700 sites)

- Responsible for Cerner Deployment Workstream of VA Program representing all Cerner consulting staff
- Developed contractual documents for VA program as subject matter expert for deployment.
- Project execution and management for National EHR Standard design and build to use across the country including Pacific Northwest Pilot sites
- Responsibility for recruitment, hiring, and management of Engagement Executive and Engagement Owner teams managing project nationally and regionally
- Creation of national timeline and methodology for VA Program
- Executive relationships with VA National Program Office for deployment, functional, and technical execution
- Task order owner for all Current State Review work for VA, responsible for delivery and financials over \$50M portfolio.

Director, Consulting Services, March 2014 – August 2017

- Client-facing executive oversight for complex client implementations and integration into CommunityWorks ASP (cloud) model.
- Executive with span of responsibility of over 100 associates

<ul style="list-style-type: none">• Developed consulting services including offerings, cost, management and resourcing for current client base to include:<ul style="list-style-type: none">○ Agile delivery team (quick builds)○ Regulatory○ Optimization○ Consulting Executive Engagements• Executive responsibility for CommunityWorks Operations team<ul style="list-style-type: none">○ Vision and direction for:<ul style="list-style-type: none">▪ Reporting strategy and execution▪ Solution and Technical Roadmap▪ Technical Operations Team▪ Interfaces and Core• Executive liaison for hosting, technology delivery, and application management organizations within Cerner	
Manager/Sr. Manager, CommunityWorks , December 2010 – March 2014	
<ul style="list-style-type: none">• Management over Technical Engagement Leader, Integration Architect, Core, Clinical Reporting, and Strategist teams in CommunityWorks.• Leadership oversight for implementation projects in CommunityWorks, focused on Critical Access and Community Hospitals in a multi-tenant domain.• Development of solution and technical strategy and roadmap for the organization	
Integration Architect/Engagement Leader , July 2006 – December 2010	
<ul style="list-style-type: none">• Project management for various client implementations including:<ul style="list-style-type: none">○ Critical Access and Community Hospital implementing all of Cerner’s solutions within 9 months.○ Physician Order Entry project with long-term Cerner client○ 5 Hospital Network on East Coast of US	
Engagement Controller , June 2005 – June 2006	
<ul style="list-style-type: none">○ Project management support for various client implementations including:<ul style="list-style-type: none">○ Project event planning and execution○ Project number and financial management and approval○ Management of internal project team.	
Scheduling Delivery Consultant/Solution Architect , June 2003 – June 2005	
<ul style="list-style-type: none">○ Implementation of Cerner scheduling solution<ul style="list-style-type: none">○ Software configuration, design, and build○ Client presentations, education, and training	
Education:	
Bachelor of Science, Business Administration	1999-2003
University of Kansas	

<p style="text-align: center;">Keziah Utsler Kezie@RemedyHC.com • (302) 540-9691 • LinkedIn</p>
<p>EDUCATION: December 2010, B.S. Animal and Poultry Sciences, Virginia Tech, Blacksburg, VA. Professional Certificate in Event Management, George Washington University, December 2019</p>
<p>PROFESSIONAL DEVELOPMENT:</p> <ul style="list-style-type: none"> Site Selection, Hotel Operations and Suppliers, University of South Florida Meeting & Event Planning Certificate Program, July 2014

- Contracts, Vendors and Negotiations, University of South Florida Meeting & Event Planning Certificate Program, August 2014
- Reopening & the Event Landscape on the Other Side of Covid-19, GWU, Aug 2020
- Be A Zoom Host, GWU, Aug 2020

TECHNICAL SKILLS:

- Developed and maintained company-wide tracking system via SmartSheet allowing accountability of workflows & reducing man-hours.
- Use of iSpring Suite and iSpring Learn to create and manage online training modules.
- Drafting of formal memos and letters in Word that would be sent to State of Maryland Department of Health and Mental Hygiene
- Creation and management of Excel spreadsheets for budgets and data collection/reporting
- Creation of Power Point presentations
- Using Outlook to perform complex scheduling for meetings that include external invitees.
- Drafting of emails with program content
- Comfortable with all online survey instruments and social media platforms

PROFESSIONAL EXPERIENCE:

Account Manager, CCS, August 2020 - Current

Program Manager, Remedy HealthCare Consulting. January 2014 – Current

- Provide implementation training for onboarding HUBs in the community health record.
- Create online training modules using iSpring Suite.
- Manage iSpring, Learn Press and Docebo Learning Management Systems
- Maintain and Track Continuing Education program through registration, payment, sign-in sheets, certificates, evaluations, and reporting.
- Create and distribute Team Tips Newsletter bi-monthly for practice education.
- Plan and coordinate events such as large collaborative meetings, conference calls, webinars and other meetings and events for provider and medical office staff education
- Coordinate setup of events, vendor negotiations, and prepare event materials.
- Responsible for sending of invitations and management of attendee lists.
- Manage event expenses within budget targets using excel spreadsheets.
- Assist clients of CareTeam eSolutions and eLearning in set up, problem solving and reporting.
- Provide orientation training for supervisors/staff for online modules.
- Run weekly reports and provide progress information while practices are completing modules.
- Manage team collaboration and company-wide tracking system via SmartSheet.
- Contact liaison for potential sales.
- Create custom designed web-based video presentations to be housed within an LMS.

Program Management Specialist, University of Maryland, School of Medicine. Baltimore, MD. February 2013 – May 2014

- Main contact person, through phone and email, for 52 practices and 5 grants and maintain program website and contact distribution lists resulting in client maintenance that funded the Maryland Learning Collaborative (MLC)
- Manage calendar for the MLC and the Director of MLC

- Collect, summarize, and graph evaluations after all events or educational sessions and create products for delivery that allow leadership to use graphed evaluations for program review and continuation decisions.
- Establish effective communication channels by liaising between the program and public officials within and outside the institution resulting in an increase of grant contracts.
- Coordinate with campus Continuing Medical Education department to assure CME credits for physician attendees for all programs.
- Assist in managing outcomes for five State of Maryland grants and contracts.
- Plan and coordinate events such as: 3 large collaborative meetings, 2 workforce trainings, 3 steering committee meetings, conference calls webinars and other meetings and events
- Collaborate with work team to finalize agenda and speaker lineups including securing of speaker bios and session descriptions.
- Coordinate setup of events, presentation preparation with PowerPoint and on-site management
- Prepare event materials, including layout, content, and printing.
- Responsible for sending of invitations and management of attendee lists.
- Manage event expenses within budget targets using excel spreadsheets.
- Recruit and coordinate exhibitors for events

Event Planning, Independent Contracting. 2012 – May 2014

- Plan and coordinate events such as: weddings, bridal showers, inaugural event for large orthopedic practice merger, specialty equine camps and other specialty events
- Work directly with selected hotel coordinators, caterers, and vendors.
- Responsible for securing selected venue, floor layout, hotel bookings, audio visual selection and hiring.
- Coordinate event budget, including venue rate negotiation and billing.
- Coordination of registration numbers so to optimize seating and capacity.
- Coordinate all communication with event attendees prior to and after
- Develop trusted relationships with selected vendors to guarantee payment and performance.

Inspector, Maryland Department of Agriculture. Annapolis, July 2011 – February 2013

- Independently manage a territory of eight counties, including 288 horse farms and 185 veterinary hospitals within the state of Maryland
- Carry out routine, unannounced, inspections for the Maryland Horse Industry Board (MHIB) and the State Board of Veterinary Medical Examiners (SBVME) and advise licensees on ways to improve horse farms and/or veterinary hospitals.
- Manage calendar and scheduling for program agendas.
- Create monthly reports on inspections to be presented at meetings to the MHIB and the SBVME and develop spreadsheets and data sheets for reports in excel.
- Review charging documents and letters sent to veterinarians and work with Attorney General's office in cases that require disciplinary action.
- Act as key liaison with state agency and with external organizations
- Work with Oracle database and other program data sources to create and distribute information.

- Strategic Planning and solutions; seek out horse farms and veterinary practices that are not licensed and bring them into compliance resulting in the highest number of licensed facilities for 2013.
- Investigate complaints against licensed horse farms and work with rescue agencies and animal control when necessary.
- Set up and run booths for the MHIB and act as spokesperson for the MHIB at events by speaking to attendees and answering questions.
- Participate as a key member of Marketing Committee of the MHIB that included event planning and promotion strategy

NEBRASKA DEPARTMENT OF TRANSPORTATION
Cost Proposal Bid Sheet
Request for Proposal Number R420-25
Research Program Outreach and Administrative Assistance Services

Please indicate fixed hourly rate for each deliverable category. The deliverables will be paid as fixed payments upon completion and/or acceptance of projects. All costs necessary to satisfy the requirements of this RPF must be included in the pricing listed on this form. No invoice will be approved unless the associated deliverables have been approved by NDOT. Contractor will be paid based on actual amount of hours worked and travel reimbursement costs.

PRICING SUMMARY TABLE

Description		Estimated Annual Usage/Hours	Per Hour	Total Cost
1	Research Summaries	125	\$ 200	\$ 25,000
2	News Polls	25	\$ 200	\$ 5,000
3	Program Fact Sheet	30	\$ 200	\$ 6,000
4	Administration Fees for Travel Reimbursement Process	50	\$ 200	\$ 10,000
			GRAND TOTAL	\$ 46,000

Travel reimbursement costs will be paid with proper documentation including but not limited to:

- 1. Dates of services
- 2. Amount of reimbursement
- 3. Name of traveler for each reimbursement
- 4. Origin & Destination for each reimbursement
- 5. Administrative cost for each reimbursement
- 6. Service provided
- 7. Receipts for travel expense reimbursements (if applicable)
- 8. Mileage (if applicable)